



## **DIGITAL AGE COLLEGE & LIFE PLANNING**

# WORKBOOK

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## **QUESTIONS?**

If you need help, give us a call at: 844-50-TUTOR or visit us online at: student-tutor.com



### Lesson I: The # I Skill Students Need To Thrive

College is not going to give you a Use digital age tools, develop a following, and become a leader and authority figure In a particular field of interest to enable them to have more \_\_\_\_\_, more \_\_\_\_\_\_, and a more \_\_\_\_\_\_. Learn and then share with the world what you are about! If done correctly, students will: 1. Increase chances of being accepted to \_\_\_\_\_, and receiving thousands in 3. Start to build a network early for success. People do business with those they \_\_\_\_\_\_, \_\_\_\_, \_\_\_\_, and . The same principles from the past still apply. The medium through which we accomplish this has changed. High school and college were built for the industrial age and don't fully provide students the necessary skills to be \_\_\_\_\_\_ for the real world, get \_\_\_\_\_\_,

and make a secure \_\_\_\_\_.



## Lesson I: The # I Skill Students Need To Thrive (Cont.)

| Exercise For Both Parents 8                                   | د Students:  |               |
|---|--|---------------|
| What are some things that you a doing your homework and/or wo | are curious about? What do you focus on when<br>ork? | you should be |
|   |  |               |
|   |  |               |
| Who are some individuals you k                                | now that are doing the things you are curious al     | bout?         |
| Name:   | Curiosity:   |               |
| Contact Info:   |  |               |
| Name:   | Curiosity:   |               |
| Contact Info:   |  |               |
| Name:   | Curiosity:   |               |
| Contact Info:   |  |               |

Later interview one of the individuals and write an article on what you learn! Publish it on Linked Pulse for everyone to read all about what you've recently discovered. **Watch the opportunities start pouring in!** 



More students are pursuing \_\_\_\_\_\_, \_\_\_\_, and other things that are marketed to them.

Less and less students have a clear idea of why they do what they do, making it difficult

| to discover their a | and pursue their |  |
|---------------------|------------------|--|
|---------------------|------------------|--|

It is imperative to make time to discover your \_\_\_\_\_\_ and pursue your

### Exercise For Both Parents & Students:

Write down three things you love to do that produce soul stirring moments. By soul stirring moments we mean those times you get the chills from the activity you are doing.

Afterward, analyze the why from each activity you wrote down. Why is each thing you love significant to you? What feeling does it provoke? For each of these answers, ask why again. Why is that particular feeling important to you? Ask yourself why 3 times.

**Tip:** Don't think too much about it - just write full sentences describing why you love the things you do! Includes lots of adjectives.

| 1    |  |
|------|--|
| Why? |  |
| ·    |  |
|      |  |
| Why? |  |
|      |  |
|      |  |



| Why?  |
|---|
|   |
|   |
| Dig even deeper by asking someone else why. |
|   |
|   |
|   |
| 2   |
| Why?  |
|   |
|   |
| Why?  |
|   |
|   |
|   |
| Why?  |
|   |
|   |
| Dig even deeper by asking someone else why. |
|   |



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| 3   | _ |
|---|---|
| Why?  |   |
|   |   |
|   |   |
| Why?  |   |
|   |   |
|   |   |
| Why?  |   |
|   |   |
|   |   |
| Dig even deeper by asking someone else why. |   |
|   |   |
|   |   |

Find similarities. Look at each response and identify words that are the same or similar in meaning. Call these buzzwords. Consider buzzwords that may allude to a similar idea but are stated differently (for example wonderment, discovery, and mystery are all similar). Circle or highlight all buzzwords.



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Name your passions. Draw lines connecting each buzzword you've identified (Not all responses will necessarily contain a buzzword). Now list 2 to 5 passions that best capture the buzzword connections you've made. Write a short explanation describing why each passion is important to you. Afterward tie all the passions together to create your overall "why" theme.

| 1. Passion:  |  |
|--------------|--|
| Explanation: |  |
|              |  |
|              |  |
|              |  |
| 2. Passion:  |  |
| Explanation: |  |
|              |  |
|              |  |
|              |  |
| 3. Passion:  |  |
| Explanation: |  |
|              |  |
|              |  |

Companies have missions and core values. Individuals have purposes and passions. These "passions" are key ingredients to understanding the types of majors / jobs you need to keep fired up!



Every college is \_\_\_\_\_: there is no one size fits all formula.

1. Build a Strong Foundation - Getting a B in middle school is not okay because you are still

learning the math and reading \_\_\_\_\_\_.

\*\*\*Take one of our math or reading assessment tests to evaluate where you stand!\*\*\*



#### 2. Take The Right Classes & Do Well

| Colleges look at                                   | and I should be careful how many | / AP/honors   |
|--|----------------------------------|---------------|
| classes I take. I should not just follow the crowd | d and                            | of taking vs. |
| not taking AP/Honors classes.                      |                                  |               |

#### 3. Do Well on Standardized Tests

**PSAT:** The PSAT is a national merit scholarship qualifying test and becoming a national merit

scholar can get you a \_\_\_\_\_\_ to dozens of universities! The PSAT only counts your junior year and takes place the third week of October in most states.

If you are in 10th grade and get back your PSAT exam and receive a score of \_\_\_\_\_\_\_ percentile or higher you should hire a private tutor around mid-March since you have a legitimate shot at becoming a national merit scholar!

In addition, you will be preparing for the SAT exam which you can take two weeks later.

| PSAT Score!  Inbox x  | o ÷ D   |
|---|---|
| sonia and<br>to cody, Dominic, me ▼   | 7:17 PM (18 hours ago) 📩 🔺 💌  |
| Great news! Meghna got a 1490 on her 11th<br>English/750 Math), Selection Index of 223, w<br>hopefully qualify for National Merit. Her score<br>grade and 1390 in 10th Grade. Thank you to<br>for helping make this happen!<br>SAT scores soon, and now to study for the Fe | hich is 99th percentile and should<br>improved from the 1280 in 9th<br>Dominic and the Student Tutor team |





**SAT & ACT:** Almost every college takes either the SAT or ACT. Pick \_\_\_\_\_\_ and focus on that exam. The best time to start preparing for the SAT or ACT is your summer

going into your \_\_\_\_\_ year.



SAT 2's: SAT Subject Tests: The SAT2s should only be taken if you are looking to get into an

elite university and you have a GPA greater than \_\_\_\_\_\_ and SAT scores greater

than \_\_\_\_\_\_. Even then you should consider if it is worth it.

\*\*\*We can help! Take our SAT/ACT assessment tests to evaluate where you stand!\*\*\*

4. Be "Well Angled," Not Well Rounded - A perfect GPA and test score will not get you into

an \_\_\_\_\_. You need to optimize your \_\_\_\_\_.

**5. Understand The Scholarship Game** - There are three different types of scholarships. Need-based, private, and merit-based. If you apply for private scholarships correctly, you

can easily make \_\_\_\_\_\_ are by far the easiest and best scholarships to get.

\_\_\_\_\_\_ scholarships are the least difficult to get and do not take your family income into account. If you are not sure if your school offers it, Google it! In some states going to a community college can typically be \_\_\_\_\_\_ than a 4-year university.



## Lesson 3: How To Stay Motivated & Reach Your College, Scholarship, and Llfe Goals

When people believe they are in control they tend to work harder and push themselves more.

They are more confident and overcome setbacks faster. They often \_\_\_\_\_\_ longer than their peers.

| Our school system is more              | than ever, giving student little belief they   |
|--|--|
| are in control. Habits are a series of | ,, , ,, , ,, , ,, , ,, , ,, |
| and                                    |  |

You can create higher motivational levels, reacher greater goals, and turn your dreams into reality at a young age if you surround yourself with like-minded individuals and learn skills they are \_\_\_\_\_\_ teaching in school.



### Step 1 - Parent Research

What can you afford to pay per year for college & alternative education?

Please note: You don't need to figure out the exact number, but figure out a ballpark so

you can narrow down your college search. We will factor in scholarships and grants later.

\_\_\_\_\_(savings per year) – \_\_\_\_\_(alternative education budget) +

\_\_\_\_\_(student loans per year) = \_\_\_\_\_ (total affordability per year)

Pro Tips:

- Only take out a maximum of \$5,000 in student loans per year.
- Set aside at least \$2,000 per year for alternative education.
  - High-end conferences (great networking opportunities)
  - Online mastermind programs (incredible networking opportunities)
  - Online classes (oftentimes their lessons can be more relevant and effective than what they teach in school)
  - Just because you can afford a private university for \$40,000 per year does not mean your student has to attend! Figure out what the return on investment.



Let us take away all present and future college stress by enrolling your student in our year-long mastermind program. Your student will transform by becoming more motivated, confident, and have the skills necessary to turn their newfound dreams and aspirations into reality! Learn more by booking an appointment via this <u>link</u>.



### Step 2 - Student Research

Before you create your SMART college goals by filling out the information for 5 universities you want to attend below.

#### Before selecting a college ask the following 7 questions:

|  | Do you have or can | ou obtain the necessar | GPA and test scores to | be accepted? |
|--|--------------------|------------------------|------------------------|--------------|
|--|--------------------|------------------------|------------------------|--------------|

- In-state or out-of-state?
- Does the school offer study abroad programs?
- Does the school offer a variety of degree programs and majors if I am unsure what I want to study?
- Does the school offer quality internship opportunities?
- Can I afford the school? How much student loan debt will I acquire?
- □ What merit-based scholarships, if any, does the school provide?



#### Jennifer Hillman

★ ★ ★ ★ ★ · November 10, 2017

I am so thankful my high-school daughter is involved in the Mastermind program. Todd has a special passion and ability as catalyst to inspire students to their best.

I know she is learning invaluable lessons she won't get anywhere else. It's easy to get lost in the noise this day in age or get hung up academic achievement alone. This program is getting her thinking about things that will really make a broad positive impact throughout her life. There are a range of lessons that are just life skills everyone should have from goal setting, to productivity, to digital skills, and heaps in between.

I love that not only does she get Todd as a mentor, but she is getting to hear from different highly accomplished teachers every week.

We become what we think about and I think my daughter is inspired! She's working on some incredible creative projects thanks to this program.

I highly recommend the Mastermind program to anyone!

Book a free strategy session to evaluate your student's goals & see if the mastermind program is a good fit! Follow this <u>link.</u>



|                          | esearch (Cont.)  |                              |
|--------------------------|--|------------------------------|
| •                        | information for each college you<br>ny colleges as you are interested in.) | are interested in attending: |
| College Name:            |  |                              |
| Average/Required U       | nweighted GPA:   |                              |
| Average/Required S       | AT Score:  |                              |
| Average/Required A       | CT Score:  |                              |
| Strength of curriculu    | m important:   |                              |
| Extracurricular informat | tion:  |                              |
|                          |  |                              |
|                          |  |                              |
| Merit-based scholarshi   | p information:   |                              |
|                          |  |                              |
|                          |  |                              |
| Other Information from   | additional research:   |                              |
|                          |  |                              |
|                          |  |                              |
|                          |  |                              |
|                          | Anticipated Merit-Based<br>Scholarships:                                   | Total Cost:                  |
|                          | Anticipated Merit-Based  |                              |
| Cost to Attend:          | Anticipated Merit-Based  | Total Cost:                  |

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### Step 3 - Plan

Now that you have pinpointed the colleges that you want to attend in the future, create a SMART (specific, measurable, achievable, realistic, timely) goal that you need to achieve to be accepted to that university.

### **College Goal**

Try to incorporate all the schools you're interested in, into the following statement:

#### My College SMART Goal:

| " In order to get into  | (university names), I need                    |  |  |
|---|---|--|--|
| to maintain an average  | (unweighted GPA), making sure the             |  |  |
| curriculum strength isv                                       | while taking classes of                       |  |  |
| and get at least an average                                   | on the SAT and/or                             |  |  |
| on the ACT. If I am able to meet these objectives, I will get |   |  |  |
| in merit-based scholarships.                                  |   |  |  |
| I also need to get at least                                   | in private based scholarships my senior year. |  |  |

Other factors that I need to consider for this based on my research are as follows:



### Step 3 - Plan (Cont.)

"Short-term goals lead to long-term success"

### **1-Year Goals**

Based on where you have to be to attend your dream college, what do you need to do over the next year?

A. What classes to take (remember unweighted GPA, strength of curriculum, and AP test)

B. What standardized tests to take and start studying for (i.e. SAT, ACT, PSAT, SAT 2)

**C.** What additional things do you need to do: extracurricular activity optimization, email subscribers, blog content, income from blog, private scholarships, etc.



### Step 3 - Plan (Cont.)

"Success is about enjoying what you have & where you are, while pursuing achievable goals." -Bo Bennett, Author

### **Semester/Summer Goals**

Based on where you need to be in one year, what do you need to do over this semester or summer?

A. What grades do you need to get in your classes? How do you plan on doing that?

B. What standardized test do you need to take and study for?What scores do you need to get? How do you plan on doing that?

**C.** What additional things do you need to do? Extracurricular activity optimization, email subscribers, blog content, income from blog, private scholarships, etc.



### **Step 4** - Implement

Both parents and students, write down one, crazy 20-year goal you have! It can be anything. This is to keep you motivated on what is possible if you remain focused. Afterwards, list the day & time you will have your weekly review, the reward you will get if you complete it, and the consequence if you do not.

Finally, sign off on your commitment with your student! Let's spark bright futures together!

1. Crazy 20-Year Goal:

2. Weekly Review Date & Time: \_\_\_\_\_

3. Reward:

Consequence: \_\_\_\_\_

**4.** Before my first weekly review, I plan on completing the following **3** SMART tasks:

5. For each weekly review I promise to write down three SMART (specific, measurable, achievable, realistic, timely) tasks I did the past week and three SMART tasks I plan on doing the following week that will get me one step closer to my semester/summer goal.

Parent Signature: \_\_\_\_\_ Student Signature: \_\_\_\_\_



### **Weekly Review Accountability Sheets**

Fill in the review dates every week together and hold each other accountable for SMART tasks you have done for your college and life goals and your parent has done for their work and life goals!

|   | Week Review Date |
|---|------------------|
| 3 SMART Tasks I did last week:  |                  |
| 1   |                  |
|   |                  |
|   |                  |
| 3 SMART Tasks I plan on doing this week:  |                  |
| 1   |                  |
| 2   |                  |
|   |                  |
|   |                  |
|   |                  |
|   | Week Review Date |
| 3 SMART Tasks I did last week:  | Week Review Date |
|   |                  |
| 3 SMART Tasks I did last week:<br>1   |                  |
| 3 SMART Tasks I did last week:<br>1<br>2  |                  |
| 3 SMART Tasks I did last week:<br>1<br>2  |                  |
| 3 SMART Tasks I did last week:<br>1<br>2  |                  |
| <ul> <li>3 SMART Tasks I did last week:</li> <li>1</li> <li>2</li> <li>3</li> <li>3 SMART Tasks I plan on doing this week:</li> </ul> |                  |
| 3 SMART Tasks I did last week:<br>1<br>2<br>3<br>3 SMART Tasks I plan on doing this week:<br>1  |                  |
| 3 SMART Tasks I did last week:<br>1<br>2<br>3<br>3 SMART Tasks I plan on doing this week:<br>1  |                  |



|   | Week Review Date |
|---|------------------|
| 3 SMART Tasks I did last week:  |                  |
| 1   |                  |
|   |                  |
|   |                  |
|   |                  |
| 3 SMART Tasks I plan on doing this week:  |                  |
| 1   |                  |
| 2   |                  |
|   |                  |
|   |                  |
|   |                  |
|   | Week Review Date |
| 3 SMART Tasks I did last week:  | Week Review Date |
|   |                  |
| 1   |                  |
| 1<br>2  |                  |
| 1   |                  |
| 1<br>2  |                  |
| 1.         2.         3.         3.         3 SMART Tasks I plan on doing this week:  |                  |
| 1.         2.         3.         3.         3.         3.         3.         3.         3.         3.         1.         1. |                  |



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|  | Week Review Date |  |
|--|------------------|--|
| 3 SMART Tasks I did last week:           |                  |  |
| 1  |                  |  |
| 2  |                  |  |
| 3  |                  |  |
| 3 SMART Tasks I plan on doing this week: |                  |  |
| 1  |                  |  |
| 2  |                  |  |
| 3  |                  |  |
|  |                  |  |

...

Michaela Hillman reviewed Student-Tutor — 63 October 18 · @

As a current student enrolled in the Teenage Mastermind program, I have thoroughly enjoyed every class I have taken. Even though I have only been enrolled for a few months, I have been applying the concepts and strategies taught in the classes to my life and I can say confidently that I have an improved view of what I want to accomplish in my future. Each class builds on the one before it, and I appreciate that because it allows me to find some clarity in myself and my goals for the future. With each lesson I complete, I become more enthused and motivated to do better in every aspect of my life. One of my goals is to create a website for a company I want to develop where I can sell dance wear. The classes in the Teenage Mastermind program helped me realize this, and they will guide me through the entire process of creating my company and website. Todd is extremely helpful during this process as well and the weekly meetings with the student mentors are incredibly inspiring. As a home school student, I am also able to count this program as a credit, though many students in traditional schools take this class as well. It is such an amazing program, and I would 110% recommend this program for every student!

Laura Bruzan reviewed Student-Tutor — 5 March 16 · My son (age 13) and I attended the college workshop to learn about what colleges will look for and how to approach scholarships. My son learned about the importance of his GPA since he is already taking high school credits. I learned many approaches to scholarship info. In the end, my son enjoyed the workshop soo much and was impressed with Todd that he wanted to go further and take another class offered that focuses on digital presence and many

🖒 Like 💭 Comment 🦃 Share

topics!! Can't wait to start this new program! 🖕 🖕

Book a free strategy session to evaluate your student's goals & see if the mastermind program is a good fit! Follow this <u>link.</u>

Hootlet

## **QUESTIONS?**

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